



*Bulldogs*



*Firebirds*



*Wildcats*



*Buccaneers*

Queen Creek Unified School District

# **ATHLETIC HANDBOOK**

2020-21

***Our Mission:*** Queen Creek Unified School District empowers each student to achieve excellence in all pursuits and lead with integrity.

***Our Priority Areas and Goals:***

<b><i>Student Success</i></b>	<b><i>Safe and Healthy Environment</i></b>	<b><i>Exceptional Personnel</i></b>	<b><i>Effective Partnerships</i></b>	<b><i>Effective Operations and Systems</i></b>
<ul style="list-style-type: none"> <li>▪ Inspire all students to meet or exceed annual, individual, and academic goals.</li> <li>▪ Prepare all students for post-graduation opportunities, responsible citizenship, and competition in a global economy.</li> <li>▪ Empower each student with skills and tools that support being a confident, resilient, and healthy individual.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Ensure a safe and secure environment.</li> <li>▪ Teach kindness, respect, and integrity.</li> <li>▪ Provide opportunities that result in meaningful connections, resiliency, and coping skills.</li> <li>▪ Raise awareness of mental health.</li> <li>▪ Enhance diversity related educational opportunities.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Value and support all personnel.</li> <li>▪ Recruit and retain highly qualified, diverse personnel.</li> <li>▪ Maximize purposeful professional development to empower personnel.</li> <li>▪ Encourage new and innovative ideas that foster collaboration, efficiency, and growth within the work environment.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Increase partnerships as a way to build mentoring opportunities, internships, and community business involvement.</li> <li>▪ Communicate effectively to promote involvement and maximize opportunities for collaboration with all stakeholders.</li> <li>▪ Ensure transparency by providing information used in the decision-making process.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Optimize use of funds through fiscal responsibility.</li> <li>▪ Strategize use of resources through balanced planning.</li> <li>▪ Manage district systems efficiently through key performance indicators.</li> <li>▪ Continuously improve facilities and technology.</li> </ul>

***Our Goals:***

Culture Built on Healthy Relationships by Modeling Desired Behaviors

Commitment to Excellence in All That We Do

Collaborative Culture Committed to Results

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# Philosophy Statement for the Athletic Department

At Queen Creek Unified School District we feel each activity must be considered a phase of the Educational Process. In the Queen Creek Unified School District we consider athletics to be an integral part of the total Educational Program and support the philosophy that athletic participation is an important component in many of the students' school experience. While interscholastic athletic programs are generally designed to give opportunities to physically gifted students, where winning is an important goal, we believe that our program should be expanded to include as many students as possible. Athletics provide the participant an opportunity to learn and practice responsibility, teamwork and self-discipline; to develop and realize personal and team goals. Win at all cost is not part of our program. We expect student athletes to undertake the responsibility of exemplifying our school culture in a manner that their parents, their teachers and their coaches can be proud of their participation. We expect student athletes to become a better individual and be well prepared to become a contributing member of our society as a result of their experience. We strongly believe in **“Victory With Honor”**.

# Important Dates and Information

Junior High and High School coaches and student athletes please go to [aiaonline.org](http://aiaonline.org) and look for CALENDARS and under icon go to QUICK GLANCE CALENDAR for important information and dates for your season. For any other questions, please contact you Athletic Director

Student athletes and parents must first register their athletes to participate in athletics. Register My Athlete is at the top of your site athletic website this will start the process for all athletes to participate (remember athletes are not able to practice or participate without being cleared through the athletic office).

This process begins with the athlete and parent going to the site athletic website and clicking on [Register My Athlete](#).

## Register My Athlete Directions:

1. Go to [Register My Athlete](#) and select “Login”.
2. First time users will enter nothing, just click “Create Account”. (Returning users - enter your user email and password and click “Login”).
3. First time users - enter parent information (The email you use will be your login, remember your password, make sure to mark “Parent”, then click “Submit”, if you are a returning user you may be asked to update your information.).
4. Once you have logged in/created an account, click on “Parent”.
5. Agree to terms and submit.
6. From this main page you can register for a sport, complete a started registration, or go to “Show Navigation”.
7. To register for a sport, click “Start/Complete Registrations” under “What would you like to do?”
8. Now you can start a new registration, complete a registration previously started, but not finished, or view a complete registration.
9. Click “Click Here to Start a New Registration” to begin a new registration.
10. Answer all questions under the “Registration Checklist”.
11. The last question step on this page is “School Requirements”, once you enter this link you will need to read the documents and agree.
12. After reading and agreeing to documents and answering any document questions, the parent and athlete will need to e-sign.
13. Next you will upload your completed Physical Exam and Brainbook Concussion completion certificate.
14. After the school administration approves all uploads and you are informed, you are Complete for Tryouts!
15. If your student makes their respective team and pays the athletic fee, their registration will show as “Complete”

\* Please contact your site Athletics office for additional questions regarding **Register My Athlete**\*

# The Arizona Accord

## Preamble

At its best, athletic competition can hold intrinsic value for our society. It is a symbol of a great ideal: pursuing victory with honor. The love of sports is deeply embedded in our national consciousness. The values of millions of participants and spectators are directly and dramatically influenced by the values conveyed by organized sports. Thus, sports are a major social force that shapes the quality and character of the American culture. In the belief that the impact of sports can and should enhance the character and uplift the ethics of the nation, we seek to establish a framework of principles and a common language of values that can be adopted and practiced widely.

## It is therefore agreed:

- The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."
- It is the duty of school boards, superintendents, school administrators, parents and school sports leadership-including coaches, athletic administrators, program directors and game officials-to promote sportsmanship and foster good character by teaching, enforcing, advocating and modeling these "six pillars of character."
- To promote sportsmanship and foster the development of good character, sports programs must be conducted in a manner that enhances the academic, emotional, social, physical and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
- Participation in athletic programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules and they must conduct themselves, on and off the field, as role models who exemplify good character.
- School boards, superintendents, school administrators, parents and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents, spectators.
- All sports participants must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
- The importance of character, ethics and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
- School boards, superintendents, school administrators, parents and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.
- School boards, superintendents, principals, school administrators and everyone involved in sports program governance must maintain ultimate responsibility for the quality and integrity of these programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical and ethical well-being of student-athletes is always placed above desires and pressures to win.
- All employees of the school must be directly involved in and committed to the academic success of student-athletes and the character-building goals of the school.



- Everyone involved in athletic competition-including parents, spectators, associated student body leaders and auxiliary groups- has a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their athletes refrain from disrespectful conduct, including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting and inappropriate celebrations.
- School boards, superintendents and school administrators must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) the character-building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character; 2) the physical capacities and limitations of the age group coaches, as well as first aid; and 3) coaching principles and the rules and strategies of the sport.
- Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of sports experiences should be made available to all of our diverse communities.
- To safeguard the health of athletes and the integrity of the sport, sports programs must prohibit the use of alcohol, tobacco, drugs and performance-enhancing substances, as well as demand compliance with all laws and regulations, including those relating to gambling and the use of drugs.
- Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue interference or influence of commercial interests. In addition, sports programs must be prudent, avoiding undue financial dependency on particular companies or sponsors.
- The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimensions of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring and good citizens.

## **Trustworthiness**

- Be honest, don't deceive cheat or steal
- Be reliable – do what you say you'll do
- Have the courage to do the right thing
- Build a good reputation
- Be loyal – stand by your family, friends and country

## **Respect**

- Treat others with respect; follow the Golden Rule
- Be tolerant of differences
- Use good manners not bad language
- Be considerate of the feelings of others
- Don't threaten, hit or hurt anyone
- Deal peacefully with anger, insults and disagreements

## **Responsibility**

- Do what you are supposed to do
- Persevere: keep on trying!
- Always do your best
- Use self-control
- Be self-disciplined
- Think before you act – consider the consequences
- Be accountable for your choices

## Fairness

- Play by the rules
- Take turns and share
- Be open-minded; listen to others
- Don't take advantage of others
- Don't blame others carelessly

## Caring

- Be kind
- Be compassionate and show you care
- Express your gratitude
- Forgive others
- Help people in need

## Citizenship

- Do your share to make your school and community better
- Cooperate
- Stay informed; vote
- Be a good neighbor
- Obey laws and rules
- Respect authority
- Protect the environment

# Hazing State Law

*A.R.S. § 15-2301*

Every educational institution (defined as a K-12 public school, public community college, or public university) must adopt, post, and enforce a hazing prevention policy that includes the following:

- statement that hazing is prohibited
- statement that soliciting engagement to haze is prohibited
- statement that aiding and abetting another person to haze is prohibited
- statement that consent to hazing is not a defense to a hazing violation
- statement that all students, teachers and staff shall take reasonable measures to prevent hazing
- description of the procedures for students, teachers and staff for reporting and filing hazing complaints
- procedures to investigate hazing violation complaints
- description of circumstances when a hazing violation is to be reported to law enforcement
- description of appropriate penalties, sanctions and appeal mechanisms for persons and organizations violating the hazing policy and shall include the revocation or suspension of an organization's permission to conduct operations at the educational institution and any teacher or staff that knowingly permitted, authorized or condoned the hazing activity shall be disciplined by the educational institution.

Defines **hazing** as any intentional knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student, and in which both of the following apply: a) the act was committed in connection with an initiation into, affiliation with or the maintenance in any organization that is



affiliated with an educational institution; b) the act contributes to a substantial risk of potential physical injury, mental harm or degradation or causes physical injury, mental harm or personal degradation. **Student** is defined as a person enrolled, been promoted or accepted to, or intends to enroll or be promoted within the next twelve months at an education institution and will continue to be defined as a student until the person graduates, transfers, is promoted or withdraws.

**Note: The above state law applies to all school personnel including principals, athletic directors, coaches, teachers and staff.**

## **QCUSD Governing Board Policies**

(list of relevant policies and excerpts)

### **Hazing: Policy JICFA**

There shall be no hazing, solicitation to engage in hazing, or aiding and abetting another who is engaged in hazing of any person enrolled, accepted or promoted to enrollment, or intending to enroll or be promoted to schools within twelve (12) calendar months. For purposes of this policy a person as specified above shall be considered a "student" until graduation, transfer, promotion or withdrawal from the school.

"Hazing" means any intentional, knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student and in which both of the following apply: The act was committed in connection with an initiation into, affiliation with or the maintenance of membership in any organization that is affiliated with an educational institution. The act contributes to a substantial risk of potential physical injury, mental harm or degradation, or causes physical injury, mental harm or personal degradation. "Organization" means an athletic team, association, order, society, corps, cooperative, club, or similar group that is affiliated with an educational institution and whose membership consists primarily of students enrolled at that educational institution.

It is no defense to a violation of this policy if the victim consented or acquiesced to hazing. In accord with statute, violations of this policy do not include either of the following:

- Customary athletic events, contests or competitions that are sponsored by an educational institution.
- Any activity or conduct that furthers the goals of a legitimate educational curriculum, legitimate extracurricular program or a legitimate military training program.

All students, teachers and staff shall take reasonable measures within the scope of their individual authority to prevent violations of this policy.

### **Student Violence, Harassment, Intimidation, and Bullying**

**Policy JICK**—The Governing Board believes it is the right of every student to be educated in a positive, safe, caring, and respectful learning environment. The Board further believes a school environment inclusive of these traits maximizes student achievement, fosters student personal growth, and helps students build a sense of community that promotes positive participation as citizens in society. To assist in achieving a school environment based on the beliefs on the Governing Board, bullying in any form will not be tolerated.

**Bullying** may occur when a student or group of students engages in any form of behavior that includes such acts as intimidation and/or harassment that has the effect of physically harming a student, damaging a student's property, or placing a student in reasonable fear of harm or damage to property is sufficiently severe, persistent or pervasive that the action, behavior, or threat creates an intimidating, threatening, or abusive environment in the form of physical or emotional harm, occurs when there is a real or perceived imbalance of power or strength, or may constitute a violation of law. Bullying of a student or group of students can be manifested

through written, verbal, physical or emotional means and may occur in a variety of forms including, but not limited to: verbal, written/printed or graphic exposure to derogatory comments, extortion, exploitation, name calling, or rumor spreading either directly through another person or group or through cyberbullying, exposure to social exclusion or ostracism, physical contact including but not limited to pushing, hitting, kicking, shoving or spitting, damage to or theft of personal property.

Cyberbullying is, but not limited to, any act of bullying committed by the use of electronic technology or electronic communication devices, including telephonic devices, social networking and other Internet communications on school computers, networks, forums and mailing lists, or other District-owned property, and by means of an individual's personal electronic media and equipment.

Harassment is intentional behavior by a student or group of students that is disturbing or threatening to another student or group of students. Intentional behaviors that characterize harassment include, but are not limited to, stalking, hazing, social exclusion, name calling, unwanted physical contact and unwelcome verbal or written comments, photographs and graphics. Harassment may be related, but not limited to, race, religious orientation, sexual preference, cultural background, economic status, size or personal appearance. Harassing behaviors can be direct or indirect and by the use of social media.

Intimidation is intentional behavior by a student or group of students that places another student or group of students in fear of harm to person or property. Intimidation can be manifested emotionally or physically, either directly or indirectly, and by the use of social media.

Prohibitions and Discipline Students are prohibited from bullying on school grounds, school property, school buses, at school bus stops, at school sponsored events and activities, and through the use of electronic technology or electronic communication equipment on school computers, networks, forums or mailing lists. Disciplinary action may result for bullying which occurs outside of the school and the school day when such bullying results in substantial physical, mental, or emotional negative effect on the victim while on school grounds, school property, school buses, at school bus stops, or at school sponsored events and activities, or when such act(s) interfere with the authority of the school system to maintain order. All suspected violations of law will be reported to local law enforcement.

### **Reporting Hazing Harassment Intimidation Bullying**

#### **Reporting Procedure**

Students and others may report hazing to any professional staff member. Professional staff members must report the incident to the school administrator or next higher administrative supervisor, in writing, with such details as may have been provided. A failure by a staff member to timely inform the school administrator or next higher administrative supervisor of a hazing allegation or their observation of an incident of hazing may subject the staff member to disciplinary action in accord with school policies.

The staff member shall preserve the confidentiality of those involved, disclosing the incident only to the appropriate school administrator or next higher administrative supervisor or as otherwise required by law. Any instance of reported or observed hazing which includes possible child abuse or violations of statutes known to the staff member shall be treated in accord with statutory requirements and be reported to a law enforcement agency.

The report/complaint will be investigated by the school administrator or a supervising administrator. The procedures to be followed are:

- An investigation of the reported incident or activity shall be made within ten (10) school days when school is in session or within fifteen (15) days during which the school offices are open for business

when school is not in session. Extension of the timeline may only be by necessity as determined by the Superintendent.

- The investigator shall meet with the person who reported the incident at or before the end of the time period and shall discuss the investigation and conclusions. Confidentiality of records and student information related to disciplinary actions, if any taken, shall be observed in the process of meeting with the person who reported the incident.
- The investigator shall prepare a written report of the findings and a copy of the report shall be provided to the Superintendent.
- All violations of this policy shall be treated in accordance with the appropriate procedures and penalties provided for in school policies related to the conduct and discipline of students, staff, and others.

**Reporting Incidents of Bullying** Students who believe they are experiencing being bullied, or suspects another student is experiencing bullying, is to report the situation to the school administrator, another school employee, or Safe Hotline. School personnel shall maintain confidentiality of the reported information. Reprisal by any student or staff member directed towards a student or employee related to the reporting of a case of bullying or a suspected case of bullying shall not be tolerated, and the individual(s) will be subject to the disciplines set out in applicable District policies and administrative regulations. Students found to be bullying others will be disciplined up to and including suspension or expulsion from school.

Knowingly submitting a false report under this policy shall subject the student to discipline up to and including suspension. Where disciplinary action is necessary pursuant to any part of this policy, relevant District policies shall be followed. Law enforcement authorities shall be notified any time District officials have a reasonable belief that an incidence of bullying has occurred as it is a violation of the law.

Except by accident, if a student directly or indirectly touches the anus, penis, scrotum, vagina or female breasts of another student, over clothing or under clothing, the student has committed a sex crime. Except by accident, if a student causes physical injury to another student, the student has committed the crime of assault. If a student participates in any way to help a student physically injure another student, that student has committed the crime of assault. Police will be called and they will investigate. The student may be charged with a crime, arrested and prosecuted. If the student is 18 and commits a sex crime or physical assault, that student may be charged and tried as an adult, and do real time behind bars. Even as a minor, that student could be charged as an adult. Juveniles can be detained.

## **DRUG TESTING (High School):**

Illegal drugs present an especially hazardous threat to the health, safety and welfare of students who participate in athletics. For example, athletes who use steroids cause damage to their own bodies and may participate in a sport in a manner that could endanger the health and safety of other participants. While the Governing Board encourages students to participate in athletics, it also believes that the opportunity to try out and play is not an absolute right. Rather, it is a privilege offered to students on an equal opportunity basis.

### **PURPOSE**

Protect the health, safety and welfare of all students participating on teams and using our athletic facilities for conditioning during the year. The District also desires to help the parents to better serve the needs of the students. Before a student is eligible to try out for a team or use the facilities during off-season in our supervised weight program, he/she must agree to submit to testing for the use of drugs according to the attached

procedures. It is understood that the testing procedures may be on a random basis to be conducted one to four times monthly. Up to 25% of the participants will be tested each season.

#### RANDOM TESTING WILL OCCUR

High School athletes in the following programs are subject to this policy: badminton, baseball, basketball, cheerleading, cross-country, football, golf, gymnastics, pom, soccer, softball, swimming, tennis, track, volleyball, weightlifting (the after school conditioning program staffed by district paid coaches), wrestling and all other AIA activities.

#### A POSITIVE TEST RESULTS IN LOSS OF ELIGIBILITY

A student athlete found to have an illegal drug in his/her system will lose athletic eligibility according to the attached procedures. The consequences for a positive test result will not affect school attendance or academic standing. Test results will not be disclosed to any law enforcement agency. In all cases, the consequence will be limited to a period of ineligibility from athletics. For the first positive test, it will be loss of eligibility for four (4) school weeks with an opportunity for the athlete to reduce the loss of eligibility time to two school weeks by completing a school district approved intervention program; a second positive test will result in permanent loss of privileges for the rest of the student's high school year. However, following a second positive test, the parent and athlete may appeal for re-admittance in to athletics after a period of one school year, showing that the problem has been resolved.

#### STUDENTS MAY VOLUNTEER FOR TESTING AND INTERVENTION

Student athletes who voluntarily submit to drug testing and voluntarily enter an approved intervention program will be exempt from the random drug testing. Exemption from random drug testing will last no longer than the current season and the athlete must submit a negative drug test in order to continue playing.

#### ILLEGAL DRUGS IDENTIFIED

The following drugs will be screened for in our testing program: alcohol, barbiturates (downers), benzodiazepines (bennies or uppers), cocaine (coke), methaqualone (Quaalude), opiates (codeine, heroin, morphine, methadone), phencyclidine (PCP, angel dust), stimulants (speed), cannabinoids (marijuana), and anabolic steroids. A positive test sample will mean a predetermined level of detection has been exceeded and that level is unacceptable. Detection levels for each of the above drugs will be determined and all athletes and parents will be informed of the detection levels prior to signing consent forms. All new illegal drugs will be tested in the discretion of the Superintendent or Athletic Director.

#### PARENT AND ATHLETE ORIENTATION

As a part of the Athletic meetings, both athletes and parents will be instructed on the dangers of drug abuse, including the use of steroids.

#### SIGNED CONSENT REQUIRED

Both parent/guardians and athlete must sign the "Drug Testing Consent" form in order to be eligible to participate in practice and contests. These forms must be signed in front of a certified coach, administrator or a notary.

## RANDOM DRAWING OF ASSIGNED NUMBERS

All athletes will be assigned a number for the season at the start of practice. The numbers will be placed in a container. There will be a random drawing. The drawing will be witnessed by two certified personnel. Students whose numbers are drawn will be tested and the numbers will be placed back in the container. These same numbers may be drawn at random again.

## TESTS WILL BE CONDUCTED ON URINE SAMPLES COLLECTED BY TRAINED STAFF

The tests will be conducted throughout the season. The athletes selected will provide a urine sample to be collected confidentially and in private at the school. The sample will be collected under the supervision of the school nurse, athletic trainer and/or an administrator (hereafter referred to as supervisor).

- A. The water in the toilet bowls will be colored and the supervisor will wait outside the stall until the sample is given to him or her.
- B. The supervisor will test the temperature of the sample and observe if the sample appears unusual.
- C. The sample will be divided into two containers in the presence of the athlete; one sample to be used to test for drugs of abuse and the other to be used to test for anabolic steroids.
- D. The supervisor will seal the samples and the supervisor will record the student's numerical code on the sample containers to verify it is that athlete's sample.
- E. The supervisor will place the samples in a locked refrigerator.
- F. The samples from all schools will be collected the same day and sent to the lab for testing.
- G. The supervisor will list all medication being taken by the student.

Students refusing to submit a sample on the day of testing will lose the privilege to participate in sports or any AIA activity for 18 weeks from the date of refusal.

## SAMPLES TESTED USING EMIT AND GC/M & POSITIVE TESTS ARE CONFIRMED

All positive urine samples will remain under refrigeration at the lab for at least six months. The lab will first test the sample to assure it has not been adulterated. The lab personnel will analyze urine samples using EMIT (enzyme multiplied immunoassay technique, a drug screen), and always confirming any positive indication with GC/MS (gas chromatography's mass spectrometry). Steroid samples will be tested with the GC/MS procedure. The lab will forward the results under confidential cover to the athletic director or school nurse.

## CONFIDENTIALITY OF TEST RESULTS

The following individuals will have access to the test results: Principal, Assistant Principal, Athletic Director, and the nurse. Test results will be retained for a period of one year.

## SAMPLES SCREENED FOR ADULTERATION

If the test shows evidence of adulteration, the athlete will be subject to loss of eligibility. The athlete will be given an opportunity to explain the results and may take advantage of the intervention alternative if the findings stand.

### ATHLETES TESTING POSITIVE ENCOURAGED TO SEEK HELP

If the test shows positive for the presence of any prohibited drugs, the athlete's parents will be notified by an administrator and the athlete will be informed of the consequences and advised to seek assistance. Also, the athlete will be informed of the time when he/she may be tested again, and, if clean, resume eligibility.

### PARENTS MAY REQUEST AN ADDITIONAL CONFIRMATION TEST

If the athlete and/or his/her parents or legal guardian desire another test of the remaining portion of the sample, the nurse will arrange for the additional confirmation analysis at the same lab. The confirmation test will be at the District expense. However, the District will not pay for an additional test requested by the parents beyond the confirmation test. If the parent objects to the second confirmation being conducted at the same lab, arrangements will be made to ship or courier the sample to another lab whose standards and procedures meet the testing requirements of the District. The District will provide two labs from which the parent and student may choose. If the results from the second confirmation test show the presence of drugs above the standard cutoff levels, the athlete will be deemed ineligible from the time notification is received by the athletic director or designee.

### LAB NEEDS INFORMATION ON PRESCRIPTION MEDS AND OVER THE COUNTER DRUG USE TO ELIMINATE FALSE POSITIVES

If the student has been on prescription medication with-in the past thirty (30) days, evidence of such use must be provided in case there is a connection with the test results. Notification of prescription drug use must be given to the coach in writing at the beginning of the season or at the onset of use, if after the beginning of the season. In addition to naming prescription drugs as a part of the "chain of custody" requirements of the lab, the athlete will be asked to list all over-the-counter drugs currently being used. This information goes to the lab with the sample. In all cases of positive results, the student athlete will be given an opportunity to explain the results. If it is determined that a positive test is due to the presence of a prescription drug or an over-the-counter drug, the test will be considered negative.

### TESTING FOLLOWING A RETURN TO ELIGIBILITY

Student athletes who resume eligibility after the first positive test experience will be subjected to random testing during the season.

### CONSEQUENCES FOR SECOND AND THIRD POSITIVE TEST RESULTS EXPLAINED

Students who have a confirmed third positive test experience after regaining eligibility will be permanently removed from future eligibility in high school sports without further consideration/appeal.

### ATHLETES TESTING POSITIVE ARE NOT REPORTED TO LAW ENFORCEMENT

Athletes who test positive or who volunteer for help will not be reported to any law enforcement agency. Athletes who test positive or who volunteer for help will not be reported to any other agency unless the results demonstrate that there has been a violation of other board policies or statutes, and/or the discovery of illegal drugs in the urine requires reporting according to statute.

## VOLUNTEERING FOR HELP COMPONENT

Athletes who voluntarily come forward and ask for help for their drug problem should be given help without automatic loss of eligibility.

### PROGRAM PURPOSE

Coaches occupy special roles in the lives of athletes. Often an athlete will choose to talk about a personal problem with his or her coach while at the same time that athlete feels uncomfortable about discussing the same problem with a parent or another important adult in his or her life. Our coaches want to maintain this position so that student athletes feel free to come talk about problems such as use of or dependence on drugs. This program allows the athlete to voluntarily come forward and ask for help.

### INFORMING ATHLETES ABOUT THE VOLUNTEER PROGRAM

The coaches must inform the athletes at the beginning of the practice season that if they have a problem with drugs to come see a coach. The coach will also advise the athlete that there are others to whom they may talk about their drug-use related problems, including the athletic trainer, athletic director, nurse, counselors, or any of the administrators. The athletes will be given a copy of this outline to help explain the voluntary program. Unless someone's life was in danger, the coach or any of the other staff members would not be under any obligation to take any action (other than what is written below), or to report the information to any law enforcement agency.

### INITIAL STEPS

The coach (or other staff member identified above) must first meet with the athlete to discuss the problem. With the consent of the athlete, the coach will arrange for a meeting with the parents and possible other school personnel. The coach will become involved in helping the athlete and family take the first steps to getting trained professional help for the athlete. Eventually, the family would select an agency from the approved provider list to obtain an assessment and to begin an intervention program. If the athlete changes his or her mind, the coach will ask for evidence (negative urine sample) before any further participation or competition is allowed. This would be necessary because if the coach played an athlete that he or she knows is using illegal drugs, then that puts the athletes and the school at risk.

### VOLUNTEERING TO BE TESTED

When the athlete volunteers for help, a drug test is conducted as a first step in the intervention process. Does the athlete remain subject to Random Drug Testing? The answer is "No" because the athlete will be required to submit to at least two tests after the initial screening. The athlete will first be referred to a local provider for testing for "drugs of abuse". In most cases the test for "drugs of abuse" will be at no cost, but the test for steroids will be a cost to the athlete. The urine sample to be tested for steroids will be drawn at the school and sent to the lab during the week for the random drug testing program. A positive test of a volunteer athlete will not be used to automatically remove eligibility for six weeks. Instead the test results would be used to help the provider complete an assessment on the extent of the person's drug problem. The assessment is necessary before an intervention program is designed. The volunteer athlete will remain a part of the team, but will not practice or compete until a negative sample is verified by the District's lab. This second test is at the student expense. The athlete regains eligibility immediately upon lab verification of the negative sample and clearance from the doctor.



## STATUS OF VOLUNTEER ATHLETE AFTER REGAINING ELIGIBILITY

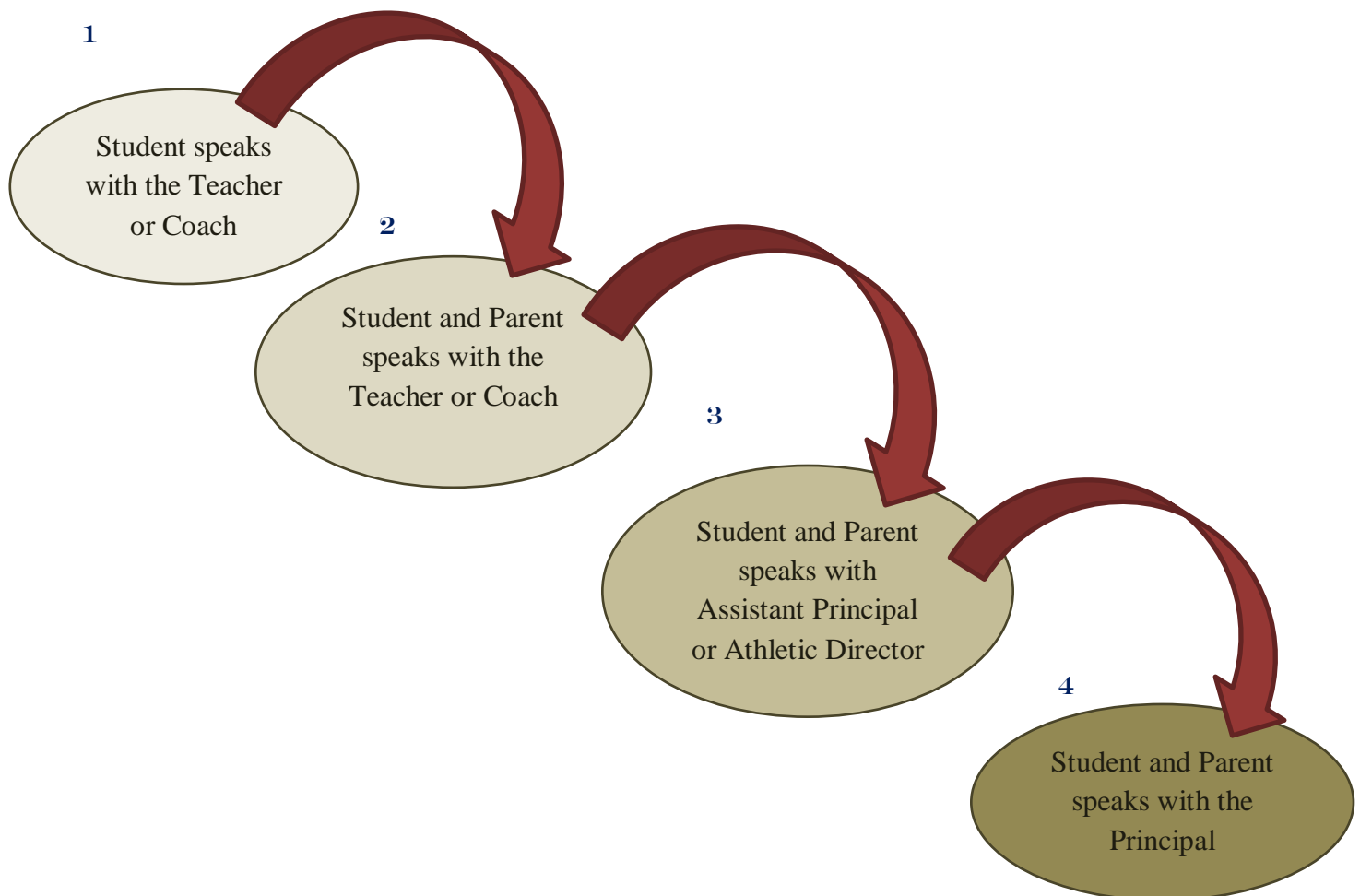
The status as one who volunteers for help continues until the end of the season. If the season ends before six weeks, the status continues into the next season of that athlete's competition. Once the volunteer athlete regains eligibility, at least two tests will have been conducted. One additional test at district expense will be conducted within four weeks of the athletes return to competition. Once the volunteer athlete has had two successive negative tests, the athlete is returned to the random testing program. For clarification, if the initial positive sample is among the "drugs of abuse", retesting will be limited to "drugs of abuse". Similarly, if the initial positive test for steroids, retesting will be limited to steroids. Once in six weeks or when the season is over (whichever is longer), the volunteer athlete will be subject again to random testing.



## JUNIOR AND HIGH SCHOOL STUDENT/ PARENT QUESTIONS AND CONCERNS PROCEDURE

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Queen Creek Unified School District encourages students and parents to communicate compliments, questions, and any concerns. The following steps are suggested to appropriately, and successfully, answer athletic questions and resolve concerns as they arise.



Per QCUSD policy teachers and staff will respond to communications within 24 hours.  
Should a concern not be resolved after following these steps, please refer to the SUSD website for Parental Concern Procedures.

# QUEEN CREEK UNIFIED SCHOOL DISTRICT ATHLETIC DEPARTMENT DISCIPLINE CODE

## Goals and Objectives:

It is the goal that participation in student athletics will help each student to become a more effective citizen in our society by learning self-discipline, good sportsmanship, and promoting physical wellness by engaging in a sport activity today and throughout their lives.

## Specific Objectives:

- 1) **Be successful:** In order to be successful, a person must develop self-discipline, hard work, and self-sacrifice. The athlete must also develop the desire to excel.
- 2) **Possess Good Sportsmanship:** The athlete must strive to accept success and defeat like a true sportsman, knowing that he/she has done his/her best. We believe in "Victory with Honor."
- 3) **Constantly Seek Improvement:** Every athlete must establish a personal goal and strive to improve his/her personal skills and contribution to the team.
- 4) **Develop Desirable Personal Health Habits:** Each athlete must strive to develop the discipline to maintain a high level of fitness and good health habits.

## The Conduct of an Athlete:

- In athletic competition, an athlete does not use profanity or suggestive sign language, or employ illegal tactics. To the athlete, losing is part of the game; one must be gracious in defeat and modest in victory.
- A good athlete must also be a good student. To play on the team is a privilege that must be earned by good grades and exemplary classroom behavior.
- An Athlete will not attend any activities where drugs and alcohol are present during their season of play.
  - First offense, students will be ineligible for 1-2 games
  - Second offense, athlete will be ineligible for remainder of season

## HIGH SCHOOL ELIGIBILITY

To be eligible for extra-curricular activities: A student must pass all of their classes with 65% or above, and be enrolled in a minimum of five classes. For the purpose of this regulation, an ineligible student may practice but will not be allowed to participate in any competition.

Academic support, in the form of grade checks, will occur twice during each sports season (at the start of each season and prior to the playoffs). Grade checks will be performed to encourage and ensure academic integrity to our student athletes.

Student athletes may not be deemed ineligible during the 2 weeks breaks or at the start of a semester.

If eligible at the first grade check interval, student will not be checked until the second grade check interval.

If ineligible at grade check interval, student will be ineligible for a minimum of one week. On the following week, the athletic office will check grades on ineligible students again. If the student is not passing, the same process will repeat itself the following week and all successive weeks until the next grade check interval.

Students and parents shall be notified of pending ineligibility through coaches.

Grades will reset at the beginning of each school year.

### **JUNIOR HIGH SCHOOL ELIGIBILITY**

To be eligible for extra-curricular activities: A student must pass all of their classes with 65% or above, and be enrolled in a minimum of five classes. For the purpose of this regulation, an ineligible student may practice but will not be allowed to participate in any competition.

Academic support, in the form of grade checks, will occur once during each sports season (at four and half weeks). Grade checks will be performed to encourage and ensure academic integrity to our student athletes.

Student athletes may not be deemed ineligible at the beginning of a new quarter..

If ineligible at grade check, student will be ineligible for a minimum of one week. On the following week, the athletic office will check grades on ineligible students again. If the student is not passing, the same process will repeat itself the following week and all successive weeks until the next grade check interval.

Students and parents shall be notified of pending ineligibility through coaches.

Grades will reset at the beginning of each quarter.

### **HIGH SCHOOL ACADEMIC ELIGIBILITY SCHEDULE**

Eligibility, Athletic Packet, Insurance, Physicals, Participation in Athletics and Academic support, in the form of grade checks, will be performed to encourage and ensure academic integrity to our student athletes. All students, including those enrolled in Virtual and E Academy, and junior high schools, must be enrolled in a minimum of 5 classes to be eligible to participate in student athletics. All Students, other than those enrolled in Virtual and E Academy, receiving a 64% or lower in any class on a Progress Report, or a Semester Grade, will not be eligible to participate in AIA sanctioned events until they have improved their grade(s) to at least 65% while being enrolled in a minimum of 5 classes. Eligibility checks for Virtual and E Academy students will be determined by student progress in class. An ineligible student may practice but will not be allowed to participate in any competition. All student athletes must be in attendance for at least three classes during the day of the game/practice. Student athletes may not be deemed ineligible during the 2 week breaks or at the start of a semester. After each official grading period, weekly grade checks must be completed on each subsequent Friday (or date listed below). Ineligible students who have earned at least 65% in their class(es) will be eligible on the following Monday. Students and/or parents shall be notified of ineligibility or pending ineligibility through coaches. Once a student regains eligible, the student will remain eligible until the following official grading period. Student athletes may not be deemed ineligible during the two-week breaks. Grades will reset at the beginning of each school year. If a student athlete is suspended for discipline reasons, he or she will not be eligible to participate in practice and or games during the time of suspension. Please contact the high school athletic office for further clarification.

Eligibility Dates: *(Eligibility checks may only be conducted on the following dates)*

Progress Report 8-21-20	Ineligible 8-24-20	Eligibility Check 8-28-20 9-4-20 9-11-20 9-18-20	Eligible to Participate 8-31-20 9-8-20 9-14-20 9-21-20
Quarter Grade 9-25-20	Ineligible 10-12-20	Eligibility Check 10-16-20 10-23-20 10-30-20 11-6-20	Eligible to Participate 10-19-20 10-26-20 11-2-20 11-9-20
Progress Report 11-13-20	Ineligible 11-16-20	Eligibility Check 11-20-20 11-25-20 12-4-20 12-11-20	Eligible to Participate 11-23-20 11-30-20 12-7-20 12-14-20
Semester 1 Grade 12-18-20	Ineligible 1-4-21	Eligibility Check 1-8-21 1-15-21 1-22-21 1-29-21	Eligible to Participate 1-11-21 1-19-21 1-25-21 2-1-21
Progress Report 2-5-21	Ineligible 2-8-21	Eligibility Check 2-12-21 2-19-21 2-26-21	Eligible to Participate 2-16-21 2-22-21 3-1-21
Quarter Grade 3-5-21	Ineligible 3-22-21	Eligibility Check 3-26-21 4-1-21 4-9-21 4-16-21	Eligible to Participate 3-29-21 4-5-21 4-12-21 4-19-21
Progress Report 4-23-21	Ineligible 4-26-21	Eligibility Check 4-30-21 5-7-21 5-14-21 5-21-21	Eligible to Participate 5-3-21 5-10-21 5-17-21 5-24-21

### **JUNIOR HIGH SCHOOL ACADEMIC ELIGIBILITY SCHEDULE**

Eligibility Dates: *(Eligibility checks may only be conducted on the following dates)*

Progress Report 8-21-20	Ineligible 8-24-20	Eligibility Check 8-28-20 9-04-20 9-11-20 9-18-20	Eligible to Participate 8-31-20 9-07-20 9-14-20 9-21-20
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Progress Report 11-13-20	Ineligible 11-16-20	Eligibility Check 11-20-20 11-25-20 12-04-20 12-11-20	Eligible to Participate 11-23-20 11-30-20 12-07-20 12-14-20
Progress Report 2-5-21	Ineligible 2-08-21	Eligibility Check 2-12-21 2-19-21 2-26-21	Eligible to Participate 2-15-21 2-22-21 3-01-21
Progress Report 4-23-21	Ineligible 4-26-21	Eligibility Check 4-30-21 5-07-21 5-14-21	Eligible to Participate 5-03-21 5-10-21 5-17-21

### **Family Passes**

This is for all home games for the entire year, excluding Region and State Playoff games:

Two Persons \$150.00

Family (up to 5 immediate family members/2 adults only) \$200.00 Family (over 5 immediate family members/2 adults only) \$250.00

\*All junior high school games are free to the public, with exception of special tournaments.

## **Queen Creek Unified School District High School Athletic Training**

**QCHS: Rene Regoli Office: 480-987-5973 ext. 5972 rregoli@qcusd.org**

**EHS: Kraig Leuschner: 480-474-6950 ext. 6957 kleuschner@qcusd.org**

### **Athletic Training Room Hours:**

**Weekdays: 11:00 am – end of activities\***

**Weekends: Games and Tournaments\***

**\*Hours Subject to Change**

## **Standard Operating Guidelines**

### **Medical Team:**

#### **Certified Athletic Trainer – Amy Shipp**

I am a certified and licensed athletic trainer by the National Athletic Trainers' Association Board of Certification and the state of Arizona. Certified athletic trainers (ATC's) are unique health care providers who specialize in the prevention, assessment, treatment and rehabilitation of injuries and illnesses that occur to athletes and the physically active, related to athletic teams.

### **Team Physician – Dr. Matthew L. Hansen, MD**

Dr. Hansen is a local orthopedic surgeon who specializes in sports medicine and provides medical care to the athletes at QCHS and EHS. As the team physician, Dr. Hansen oversees all medical care provided by the athletic trainer to the student athletes and has the final authority regarding clearance of any and all athletes at QCHS and EHS, unless he defers this decision to another physician. Dr. Hansen looks forward to working closely with the athletes, parents, coaches, and sports medicine staff to ensure a safe, healthy playing season. Dr. Hansen will treat all QCHS/EHS student-athletes for sports related injuries.

### **Student Assistants**

Any student under the supervision of the Head Athletic Trainer and in good standing with the school may be allowed to travel with the teams as a first aid responder, upon their parents, coaches, and athletic trainer's permission. If injuries occur while the student assistant is assisting the Athletic Trainer, the student is **not allowed** to make any medical decisions or give out any type of medication (even over the counter medications) to anyone!!!! The student assistants are there to assist the Athletic Trainer only.

### **Medical Files**

Copies of the pre-participation physical exam will be kept in the athlete's file in a locked cabinet, and will be accessible only to authorized individuals. Any documentation (ex. Doctor's notes) regarding the athlete will be kept in the athletes file with the pre-participation physical exam. These documents must be kept in their files in order to assure confidentiality and compliance with FERPA/HIPPA guidelines.

If an athlete goes to the doctor, or any other healthcare provider, for any reason, sports-related or not, they **MUST have a clearance note** and this note **MUST be given to the athletic trainer first upon their return to school and/or activity.** Athletes **WILL NOT be allowed to return to any form of activity without clearance from the appropriate healthcare provider.** At this time **Chiropractors, Physical Therapists, or other healthcare providers not authorized by the AIA, CANNOT clear an athlete** who has been or currently is seeing a physician for **ANY medical condition** unless the attending physician has cleared the athlete as well.

If a doctor's note is needed for clearance while traveling (ex. Ringworm, soft-cast, etc.) a copy of the note will be given to the appropriate coach. The copy of the note must be returned to the athletic trainer when it is no longer needed.

### **Medicine**

Coaches are **NOT** allowed to give any athlete any type of medication at any time. If any athletes require prescription medication while competing (ex. Asthma inhaler, Epi-Pen) the medication **must be checked in with the athletic trainer** before being placed in a kit or with the coach. This medication can only be used if prescribed to the athlete and no one else (**no sharing**). Coaches can only assist in giving prescription medication in an emergency situation. Over the counter medications (Advil, Motrin, Aleve, Tylenol, Tums, Pepto, Cough drops, etc.) **CANNOT be given to any athlete by the coaches or athletic trainer.** Please **DO NOT** place any over the counter medication in the medical kits provided by the athletic trainer. Any medication found will be removed and locked up away from athletes by the athletic trainer.

### **Medical Kits/Water Coolers**

Medical kits will be provided for all teams as necessary. The head coach of each team will be held responsible for the kit while in their care. Do not place any unauthorized supplies in the kit at any time. The kit must be returned to the athletic training room upon return from away games, unless discussed otherwise with the athletic trainer. If there is anything missing or needed in the medical kit, please let the athletic trainer know. Coolers and water bottles must be checked out prior to using them on the weekends or whenever the athletic trainer



cannot be around to give them out and checked back in each day, unless otherwise discussed with the athletic trainer. This includes any coolers being stored in areas other than the athletic training room. If the athletic trainer is no longer present upon return please empty the cooler, and place it next to the door or on the silver rack apart from the other coolers **with the lid off**. Water bottles should be emptied and placed with their lids off separate from the other water bottles. Water bottle lids should be left in the sink for cleaning. If anything other than water or ice was in the cooler or water bottle, it must be cleaned prior to being dropped off. Leave a note on the desk/door for the athletic trainer, or you will be held responsible for those coolers or water bottles until she is notified.

### **Injuries when Athletic Trainer is not present**

If an injury occurs when the athletic trainer is not present, the coach must follow the **Emergency Action Guidelines**. Please document as much as possible about the injury, fill out an accident report form, and turn it into the athletic trainer upon return. Notify the athletic trainer by phone as soon as possible after the incident has occurred. **Please remind the athlete and parents that if any outside medical care is needed (other than with the athletic trainer) a clearance note is needed in order for the athlete to return to play.**

### **Medical Supplies**

Medical supplies (tape, ace wraps, Band-Aids) will be provided to the athletes by the athletic trainer when at home and in the medical kits when away. Please do not take **ANY** supplies out of the athletic training room without authorization. Athletes will be required to check-out all reusable supplies (splints, ace wraps, crutches, braces) and are expected to return them in good condition at the end of the season (following Queen Creek High equipment guidelines).

## **QCUSD Heat Guidelines:**

The Certified Athletic Trainer and/or the site administrator at each school are responsible for determining these zones from the combination of the most current temperature and humidity readings. Predictions regarding the readings may need to be conducted to ensure safe competition. In this case, utilize the maximum temperature and RH reported for the practice/event start time.

If the source of the temperature reading is in question, it is advised to be conservative and follow the modifications of the higher zone. Temperature measurements can be obtained by using a sling psychrometer or from various internet weather-related sites such as: [www.weather.com](http://www.weather.com) or [www.noaa.gov](http://www.noaa.gov).

Example: 105 deg. F. + 35% RH = 140 (Danger Zone)

### **Below Danger Zone (Under 135)**

- Practice/competition as normal
  - o Full pads
  - o Regular running schedule (football, cross-country)
  - o Water breaks every 15 minutes or as needed by the individual

### **Danger Zone (136-145)**

- Practice/competition with modifications
  - o Reduced amount of equipment worn
  - o Adjust start time until readings return Below Danger Zone
  - o Reduced running schedule

- o Water breaks every 10-15 minutes or as needed by the individual

### **Critical Zone (146 and above)**

- Practices modified; competition postponed or cancelled/rescheduled
  - o No equipment worn
  - o No running
  - o Water breaks every 10-15 minutes or as needed by individual
  - o Practice moved indoors
  - o Practice or competition postponed until reading returns to Danger Zone
  - o Practice or competition moved to a later date or time

## **JUNIOR HIGH SCHOOL ATHLETIC DEPARTMENT**

### **OBJECTIVES & OUTCOMES**

#### **To develop good citizenship and respect for rules and authority**

- By instilling principles of justice, fair play, and good sportsmanship in students
- By winning and losing with humility and dignity
- By showing courtesy and respect to visiting teams and officials
- By respecting the integrity, values, personality and individuality of each athlete
- By maintaining a high level of integrity of all individuals involved with the athletic program
- By teaching the importance of fulfilling commitments
- By coaches demonstrating good sportsmanship that may be emulated by student athletes

#### **To develop physical fitness excellence and understanding of the value of competition in our society**

- Through recognition of outstanding performance
- By emphasizing the educational value of trying to win and learning to compete
- By developing a sense of self-worth and self-control
- By teaching the values of hard work, dedication, competition, cooperation and perseverance

#### **To promote interest and involvement in school athletics**

- By providing enjoyable experiences for participants and spectators
- By establishing standards for athletes that reflect the behavior approved by the Queen Creek school community

#### **To promote and contribute to the goals of the total education program at Newell Barney and Queen Creek MS**

- Through the development of physical fitness and realization that a healthy body increases the probability of effective learning
- By providing a strong program that attracts student athlete interest and motivates a positive learning atmosphere
- To develop an attitude which will contribute positively to lifelong health and enjoyment of life

## **JUNIOR HIGH SCHOOL ATHLETIC PROGRAM**

### **MISSION STATEMENT**

QCUSD junior high schools are committed to providing the best possible athletic program for our students in practice, as well as games. Emphasis is on individual and team commitment towards excellence. Rather than “winning at all cost,” junior high school athletic competitions are valuable educational experiences which help the students become better citizens and future leaders. As teachers/coaches, we emphasize proper ideals of sportsmanship, ethical conduct, and fair play. QCUSD junior high schools expect students to assume the responsibility of representing the school, administration, teachers, staff, parents, and community in such a way as to make the school proud of their participation.

### **Junior High School LEAGUE AFFILIATION**

Queen Creek Unified School District junior high schools are members of East Valley Conference (EVC)  
For update game standings and school locations visit [East Valley Conference](#)

- 7th - 8th graders may participate on EVC teams
- The present members of the East Valley Conference consist of the following schools:

<i>School Name</i>	<i>Address</i>	<i>Phone Number</i>
<i>Andersen JHS</i>	<i>1255 S. Dobson Rd. Chandler, AZ 85224</i>	<i>480-883-5300</i>
<i>Arizona College Prep-Erie</i>	<i>191 W. Erie Street Chandler, AZ 85225</i>	<i>480-424-8000</i>
<i>Arizona College Prep- Oakland</i>	<i>191 W. Oakland Street Chandler, AZ 85226</i>	<i>480-224-3928</i>
<i>Bogle JHS</i>	<i>1600 W. Queen Creek Rd. Chandler, AZ 85248</i>	<i>480-883-5500</i>
<i>Casteel JHS</i>	<i>24901 S. Power Rd. Queen Creek, AZ 85142</i>	<i>480-424-8132</i>
<i>Cooley Middle School</i>	<i>1100 S. Recker Rd. Gilbert, AZ 85296</i>	<i>480-279-8300</i>
<i>Eastmark JHS</i>	<i>9560 East Ray Road Mesa, AZ 85212</i>	<i>480-474-6950</i>
<i>Newell Barney JHS</i>	<i>24937 S. Sossaman Rd. Queen Creek, AZ 85242</i>	<i>480-474-6700</i>

<i>Payne JHS</i>	<i>7655 S. Higley Rd. Queen Creek, AZ 85142</i>	<i>480-224-2400</i>
<i>Queen Creek JHS</i>	<i>20435 S Old Ellsworth Rd, Queen Creek, AZ 85142</i>	<i>480-987-5940</i>
<i>Santan JHS</i>	<i>1550 E. Chandler Heights Chandler, AZ 85225</i>	<i>480-883-4616</i>
<i>Sossaman Middle School</i>	<i>18655 S. Jacaranda Blvd. Queen Creek, AZ 85142</i>	<i>480-279-8500</i>
<i>Willis JHS</i>	<i>401 S. McQueen Rd. Chandler, AZ 85225</i>	<i>480-883-5712</i>

## **Junior High School ATHLETIC ACTIVITIES**

### **East Valley Conference**

- Boys: Flag Football, Basketball, Baseball, Volleyball
- Girls: Volleyball, Soccer, Basketball, Softball, Cheer
- Co-Ed Sports: Track, Wrestling, Cross Country, Golf

### **1<sup>st</sup> Season Sports (July - September)**

*Baseball	Tryouts July 28 – 30	Season Aug 8 - Sept 23
Girls Volleyball	Tryouts July 28 – 30	Season Aug 8 - Sept 23
Flag Football	Tryouts July 28 – 30	Season Aug 8 - Sept 23

### **2<sup>nd</sup> Season Sports (October -December)**

*Boys Basketball	Tryouts Oct 13 – 16	Season Oct 28 - Dec 12
*Girls Softball	Tryouts Oct 13 – 16	Season Oct 28 - Dec 12
Cross Country	No Tryouts	Season Oct 16 - Dec 12

### **3<sup>rd</sup> Season Sports (January - March)**

*Boys Soccer	Tryouts Jan 5 – 8	Season Jan 21 – March 2
*Girls Basketball	Tryouts Jan 5 – 8	Season Jan 21 – March 2
Wrestling	No Tryouts	Season Jan 21 – March 2

### **4<sup>th</sup> Season Sports (March – May)**

*Boys Volleyball	Tryouts March 23 - 26	Season Apr 6 - May 18
*Girls Soccer	Tryouts March 23 - 26	Season Apr 6 - May 18
Track and field	No Tryouts	Season March - May 17

**\*Tryout schedule may vary due to tournament seeding & breaks. Tryouts are closed to parents and the public.**

## **JUNIOR HIGH SCHOOL ATHLETIC SQUAD SIZE**

In accordance with EVC Constitution, unless fewer athletes tryout, for a sport listed below, the minimum number of athletes on a roster for each contest is as follows:

Flag Football	24
Basketball	12
Volleyball	12
Softball	14
Baseball	14
Soccer	18
Wrestling	Unlimited
Track	Unlimited
Cross Country	Unlimited

### **PARTICIPATION FEES**

Junior high school sports fees are as follows: \$70.00 per child, per sport. There is a family maximum of \$210.00. Fees are per school not district wide. Cheer and Pom are three quarter sports. All students must be cleared through the athletic office in order to participate in tryouts. Student athletes and parents must first register their athletes to participate in athletics. Register My Athlete is at the top of your site athletic websites this will start the process for all athletes to participate. This process begins with the athlete and parent going to the site athletic website and clicking on Register My Athlete. prior to being allowed to tryout or participate on any team.

### **JUNIOR HIGH SCHOOL ALCOHOL/DRUG AND TOBACCO POLICY**

The possession or use of any drugs, alcohol or tobacco products, including e-cigarettes, vape, and wax pens, by a junior high school student athlete will not be tolerated. Any violation concerning drugs, alcohol, or tobacco will be presented by the Athletic Department to the School Administration. Disciplinary action will be decided by the School Administration and Athletic Department. Parents and guests are likewise forbidden to use drugs, alcohol or tobacco products on any school campus or at any school sponsored event.

### **COMPLETION OF A SPORT**

Students should remain committed to an activity they begin. This means being at all practices and games for the duration of the entire season.

An athlete who quits a team must have the approval of the coach and the Athletic Director. Quitting after the team has been selected is not fair to an athlete's teammates and coach. Quitting will only be approved if it appears to be for the overall benefit of the student. Should an athlete decide to quit the team without approval being granted, he/she may not transfer to another sport, club or activity nor participate in the next sports season.

## **TRANSPORTATION OF ATHLETIC TEAMS**

All Junior High School Athletes must use district transportation to the site of all away games. The only exception to this will be parents may transport their son/daughter from any away games with prior approval from the Athletic Director and after signing the athlete out with the coach.

## **EARLY DISMISSAL**

Due to travel time for away games, some athletic contests will result in the student athlete being dismissed early from class. It is the athlete's responsibility to get assignments and to make up all missed work.

## **EQUIPMENT AND UNIFORMS**

- School uniforms are to be used or worn in competition, practice or at the coach's discretion.
- Student athletes should always respect and take care of all equipment. Students will be held responsible for unusual abuse or loss of equipment.
- It is the athlete's responsibility to return all uniforms and equipment immediately following the last game of the season. Failure to do so will result in a charge to that student.
- Students failing to turn in all equipment issued to them or failing to pay for lost items shall not receive any honors or awards for that sport or be permitted to take part in other sports until satisfactory clearance is made.
- Game days are designated as "dress up" days. Students will either wear dress clothes or athletic team clothes. On those days boys will be required to wear appropriate pants, shirts, and ties. Girls will be required to wear dresses/slacks and a blouse, or a skirt and blouse. Students wearing their jersey may not tie the jersey in a knot, and must follow all dress code rules.

## **ATHLETIC CODE**

The conduct of an athlete is closely observed by many people. Members of athletic teams are reminded that they represent Queen Creek Unified School District. It is their responsibility to maintain appropriate conduct at all times and to demonstrate behavior that will make themselves, as well as the school and community, proud.

## **SPORTSMANSHIP RULES**

Junior High School Student Athletes must abide by a code of conduct and ethics which will earn them the honor and respect that participation and competition in the athletic program affords. Any behavior that results in dishonor of the athlete, the team or school community will not be tolerated. Behaviors such as, but not limited to theft, vandalism, disrespect, or violations of law tarnish the reputation of everyone associated with the athletic programs and will result in appropriate disciplinary action.

## **AWARDS AND BANQUETS**

Four sports banquets are planned annually. All participants receive recognition with some students being recognized for their athletic excellence for that season.

## **PHYSICALS AND INSURANCE**

No student shall be eligible to represent any junior high school in the after school sports athletic program without a current physical examination form and proof of insurance on file. Parents that need insurance for their children may contact the school nurse.

## **FAN DECORUM**

- All participants in one of the Junior High School's Program will represent our program and the school community in a manner that brings pride to the participants as well as the school and Town of Queen Creek.
- Parents and fans are discouraged from coaching (yelling things instructional in nature) from the stands.
- Respect and honor the decisions of the game coaches.
- Respect and honor the decisions of the officials.
- Encourage and support all participants (players from both sides, coaches, officials and support personnel)
- QCUSD Junior High Schools' fans must concentrate on positive comments relating to our athletic teams.
- Win or lose, opponents must be congratulated at the conclusion of the contest.
- Respect home and away facilities by keeping them clean and following any posted or published rules.
- Athletic Directors at QCUSD Junior High Schools reserve the right to restrict attendance for inappropriate behavior of any student or parent.

### **Code of Conduct for Interscholastic Student-Athletes**

*We believe that interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills.*

### **TRUSTWORTHINESS**

**Trustworthiness** – be worthy of trust in all you do.

**Integrity** – live up to high ideals of ethics and sportsmanship and always pursue victory with honor; do what is right even when it is unpopular or personally costly.

**Honesty** – live and compete honorably; do not lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.

**Reliability** – fulfill commitments; do what you say you will do; be on time to practices and games.

**Loyalty** – be loyal to your school and team; put the team above personal glory.

### **RESPECT**

**Respect** – treat all people with respect all the time and require the same of student-athletes.

**Class** – live and play with class, be a good sport, be gracious in victory and accept defeat with dignity, help up fallen opponents, compliment extraordinary performance, and show sincere respect in pre- and post-game rituals.

**Disrespectful Conduct** – do not engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals of the sport.



***Respect Officials*** – treat contest officials with respect; do not complain about or argue with the official calls or decisions during or after an athletic event.

## **RESPONSIBILITY**

***Importance of Education*** – be a student first and commit to earning your degree and getting the best education you can. Be honest with yourself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.

***Role-Modeling*** – Remember, participation in sports is a privilege, not a right, and that you are expected to represent your school, coach and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model.

***Self-Control*** – exercise self-control; do not fight or show excessive displays of anger or frustration. Have the strength to overcome the temptation to retaliate.

***Healthy Lifestyle*** – safeguard your health; do not use any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight.

***Integrity of the Game*** - protect the integrity of the game; do not gamble or associate with or deal with professional gamblers.

***Sexual Conduct*** – sexual or romantic contact of any sort between students and coaches is improper and strictly forbidden. Report misconduct to the proper authorities.

## **FAIRNESS**

***Be Fair*** – live up to high standards of fair play; be open-minded; always be willing to listen and learn.

## **CARING**

***Concern for Others*** – demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to yourself or others.

***Teammates*** – help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

## **CITIZENSHIP**

***Play by the Rules*** – maintain a thorough knowledge of and abide by all applicable game and competition rules.

***Spirit of Rules*** – honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship

*I have read and understand the requirements of this Code of Conduct and acknowledge that I may be disciplined or removed from a team if I violate any of its provisions.*

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**Signature**

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**Date**

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**Sport**

## **Social Media Guidelines for OCUSD Student-Athletes**

1. Be careful with how much and what kind of identifying information you post on social networking sites. It is unwise to make available information such as full date of birth, social security number, address, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All of these can facilitate identity theft or stalking.
2. Be aware that current and future employers, college coaches, and college admissions offices often access the information you place on social networking sites. Any information you post will provide an image of you to prospective employers, coaches, and administrators. Postings are considered public information. Protect yourself by maintaining a self-image that you, your family, and the school will take pride in.
3. Freedom of speech is not unlimited. Freedom of speech does not mean freedom from the consequences. Social networking sites are NOT a place where you can say and do whatever you want without repercussions.
4. Carefully consider photos and images you post. Photos posted on a social network site's server become the property of the site. You may delete the photo from your profile but it still stays in their server. Internet search engines like Google or Yahoo may still find that image long after you have deleted it from your profile.
5. Be highly aware of your location settings on your phone and your social networking sites.

## **SOCIAL MEDIA AGREEMENT FOR STUDENT-ATHLETES**

Playing and competing on a Queen Creek Unified School District athletic team is a privilege. As a student-athlete you are held in the highest regard and are seen as a role model in our school and community. As a student leader, you have the responsibility to portray yourself, your team, your coaches, and your school in a positive manner at all times.

You should be aware that third parties--including the media, faculty, future employers and college officials--could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posters. Inappropriate material found by third parties affects the perception of you, your family, our school and our community. This can also be detrimental to your future options (i.e. college, profession).

Examples of inappropriate and offensive behaviors concerning participation in online communities may include depictions or presentations of the following:

Photos, videos, comments, or posts showing the personal use of alcohol, drugs and tobacco including vaping. Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.

Pictures, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.

Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another school; taunting comments aimed at a student-athlete, coach, or team at another school and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent, or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use).

Content that demeans your coaches, teammates, staff, and does not represent you and your school in a positive manner.

If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as the high expectation of your parents, coaches, and peers. Always present a positive image and do not post anything that embarrasses yourself, the team, your family, or school.

By signing below you affirm that you understand the Queen Creek Unified School District Guidelines for Student-Athletes and the social media requirements that you must adhere to as a student-athlete. Also, you affirm that failure to adhere to these guidelines will result in consequences that may include suspension or removal from your athletic team, and you may be subject to additional penalties imposed by the school or school district.

Athlete's Printed Name \_\_\_\_\_

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Queen Creek Unified School District  
Athletic Parent Consent Form**

**Student's Name** \_\_\_\_\_ **Grade** \_\_\_\_\_ **Gender** \_\_\_\_\_

Please check the sports, your child is interested in participating in during the 2020-2021 school year:

\_\_\_\_\_ Volleyball      \_\_\_\_\_ Football      \_\_\_\_\_ Cheer      \_\_\_\_\_ Soccer  
\_\_\_\_\_ Basketball      \_\_\_\_\_ Softball      \_\_\_\_\_ Wrestling      \_\_\_\_\_ Baseball  
\_\_\_\_\_ Cross Country      \_\_\_\_\_ Track and Field      \_\_\_\_\_ Golf

I/We give permission for \_\_\_\_\_ to participate in organized after school athletics for the 2020-2021 school year, realizing that such activity involves potential injury which is inherent in all sports. I/We acknowledge even with the best coaches, use of the most advanced protective equipment, and strict observation of the rules, injuries are still possible. On rare occasions, the injuries can be so severe as to result in total disability, paralysis, quadriplegia, or even death.

**To be eligible to participate in the above listed activities the student shall:**

1. Be a full time student in good standing receiving passing grades in all subjects, following the "No Pass, No Play" policy.
1. Have proof of medical insurance.
2. Pass a pre-season physical
3. Read and sign and follow the rules in the Student/Parent Athlete Handbook.

I/We the undersigned parent/guardian of the above named student, grant to any medical doctor or hospital my consent and authorization to render aid, treatment or care to said student that, in the judgment of such doctor or hospital may be required on an emergency basis. The authorization is granted in the event said student should be injured or stricken ill while a participant in activity sponsored or sanctioned by Queen Creek School District #95 or East Valley Athletic Conference.

Parent/Guardian will be responsible for picking up their child no later than 5:30 on practice days, and times TBA on game days.

Parent/Guardian Signature \_\_\_\_\_

Parent email: \_\_\_\_\_

Parent phone number: \_\_\_\_\_

**Queen Creek Unified School District  
Athletic Contract**

We have read and understand the rules given to us regarding the conduct and academic requirements of a QCUSD Junior High School Student Athlete. I understand that it is an honor and a privilege to have been chosen to be a member of the Athletic program. We realize that these rules are important in helping the student athlete become a good athlete and a good citizen with a high sense of moral integrity, a competitive spirit and the ability to be honest and forthright in all endeavors.

I understand all academic requirements to remain eligible for the season.

My signature below denotes the fact that I have read and willingly agree to abide by these rules, regulations, and responsibility to participate in a Junior High School Athletic Program.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian

**\*Please return this signed contract to your coach**